

Thought for the Day

*'Don't worry about a thing 'Cause every little thing gonna be alright'. You're singing it now, aren't you(!) and probably don't need me to tell you that the words come from the 1977 song *Three Little Birds*, by Bob Marley and The Wailers. The song's lyrics really echo the message from our Gospel reading: *Therefore, I tell you, do not worry....Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them.* (Matthew 6: 25a & 26). In the song, the three little birds sing sweet melodies 'pure and true': *Don't worry about a thing*. Now, perhaps it's safe to say that we can't be certain that birds don't worry; but we do, all the time. There are people who say, 'Oh, I don't worry about anything. Worrying isn't going to change things.' Yet, I guarantee they do worry, because it's part of our nature. Yes, worrying about something won't change it, but prayer will. Here are some more lyrics that I'm certain you've sung at least once: *Are we weak and heavy laden, cumbered with a load of care? Jesus only is our refuge, take it to the Lord in prayer! In his arms he'll take and shield thee, thou wilt find a solace there.* Here's a prayer that may be of help and comfort: Lord, thank you that I can bring my burdens of care and worry to you in prayer. Help me to remember, always, that there is nothing you and I can't get through together. Amen*

Steve Wright.

Please Remember in your prayers:

Mason Green, Paul Cowley, Siobhan and Darlene, June McCoy, Pauline Wells, Joyce Hancock, Maureen Black, Steven Fearon, Greta Lacey, Gabriella Young, Matthew Coulter, Margaret Roper, Eddie Matthews, Mary Barnes, Kate Charalambous, Donald Bullas, Fiona Fendick, Kath Baylis, David Hanson, Lyn Taylor, Angela Brady, Don and Family, Lorraine Langdon, Darcey, Annette Dickers and Byrnicie McMullen.

Those Who have died and those who grieve for them: Terry Firmedow, Estella Westwood and Farideh Drever 

Notices

Prayer Ministry – Will be available after the service in the Lady Chapel on 15.2.26, 01.03.26, 15.03.26 and 29.3.26. If you would like prayer at other times, please approach one of the Ministry Team.

January Fundraiser – We invite you to bring any unwanted or broken gold or silver items which can be exchanged via bank transfer for money at the bullion store in the jewellery quarter. We will store donated items safely and off-site during January and February and take it all in one session. We have extended the fundraiser to include February too.

Stargazers - we had to cancel our “Musical in a Day” on January 10th due to the ice and snow - but please put the new date of Advent Sunday (afternoon and evening of November 29th) in your diary.

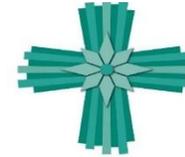
Lent Course - Acts of Hope

Starting on 25th February, every Wednesday at 11am in the Old Grammar School. Evening course will be available via zoom, details to follow.

B30 and South Birmingham Foodbank -Many thanks for your ongoing support. Our most urgent needs remain tinned fish (particularly non tuna), tinned meat and meat products, rice (500g) and tinned spaghetti.

Services During Winter – with the weather conditions being unpredictable over this winter period we may occasionally have to cancel the evening services at short notice, for health and safety reasons. While we endeavour to let people know it would be wise to check the website www.kingsnorton.org.uk before you leave the house to see whether the service is going ahead.

8th February 2026
St. Nicolas, Kings Norton
The Second Sunday
Before Lent
 Incorporating Hawkesley LEP



THIS WEEK	
SUNDAY 8TH FEBRUARY	9.00 am Matins (Sylvia Fox) 10.30 am Morning Praise (Pauline W & Mark Bennett) 6.00 pm Communion & Anointing (Rev Laura Ward)
MONDAY 9TH FEBRUARY	10.00 -12.00pm Churchyard Team
TUESDAY 10TH FEBRUARY	6.00 -8.00pm Junior Choir (Please speak to Sylvia if interested)
WEDNESDAY 11TH FEBRUARY	10.00am-12.00pm Open Church 10.00am-12.00pm Knit & Natter @ Hawkesley Church B38 9TR.
THURSDAY 12TH FEBRUARY	9.00-11.00am Tiny Tots 10.00-12.00pm Churchyard Team
FRIDAY 13th FEBRUARY	7.15-8.30pm Adult Choir Practice (please speak to Sylvia if interested)
SATURDAY 14TH FEBRUARY	10.00 am – 12.00 pm Open Church
SUNDAY 15TH FEBRUARY	9.00 am BCP Holy Communion (Rev Laura Ward) 10.30am Holy Communion (Rev Laura Ward) 12.30 Baptisms (Rev Eliakim Ikechukwu & Pauline W) 6.00 pm Compline (Sylvia Fox & Ruth Howman)

DATES FOR THE DIARY:

Thursday 12th February Men's Group 7.30 pm Meeting open to All. Tim Adams Cycling the Tour De France.

Knit and Natter The next Knit and Natter at St Nicolas will be on 14th February 10.00-12.00pm.

Monday 16th February 7.30 pm PCC

Ash Wednesday 18th February 12.00 pm Ash Wednesday Service with Bishop Michael followed by simple lunch and **7.30 pm** with Canon Rob Morris.

Women's Group follows the Ash Wednesday Service at 1.30 pm.

READINGS TODAY

Romans 8:18-25 p 154

Matthew 6:25-end p 6

NEXT WEEK

2 Peter 1:16-end p 234

Matthew 17:1-9 p 17

Collect for the Week

Almighty God,
give us reverence for all creation
and respect for every person,
that we may mirror your likeness
in Jesus Christ our Lord. Amen.

QR To Donate! Alternatively, donate at the back of church or using our donation boxes!



Contact Details

Parish Office, 81 The Green, Kings Norton, Birmingham B38 8RU

Tel: 0121 458 3289 Email: parishoffice@kingsnorton.org.uk

Website: www.kingsnorton.org.uk

Office Hours: Mon – Thurs 10 – 2 pm Closed on Fridays